

# General Kit List:

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- scb Pillow Case
- scb Duvet Cover/Sleeping bag
- scb Toiletries
- scb Sun cream
- scb Hat
- scb Old trainers
- scb Water bottle (labelled + screw top)
- scb 2 x Towels (one for showering, one for activities)
- scb Waterproof jacket (plus trousers if owned)



## Extra Activity Kit

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If going on a water sport activity (i.e. surfing, coasteering, canoeing, kayaking) having some comfy, loose fitting, warm clothes to put on afterwards is a good idea. For example, bringing tracksuit trousers instead of leggings or skinny jeans – much easier to put on when damp!

### Surfing

- scb Towel
- scb Swimming Costume

### Biking

- scb Old Clothes and Trainers

### Canoeing

- scb Shoes that can get wet (can be wellies)
- scb Waterproof Trousers (if owned)
- scb Warm clothes

### Rockpooling

- scb Wellies
- scb Waterproof Jacket

### Kayaking

- scb Shoes that can get wet (not wellies or flip flops)
- scb Waterproof Trousers (if owned)
- scb Warm clothes

### Coasteering

- scb Shorts to wear over a wetsuit (board/sports shorts)
- scb Swimming Costume
- scb Trainers to go in the water

### Climbing + Scrambling

- scb Warm jumper
- scb Trainers (preferably not astroturfs)
- scb Waterproof Jacket

Can all kit brought be labelled or initialled to help with lost property at the end of the week.