

# GET ACTIVE

18+ Week 30 August-6 September 2024

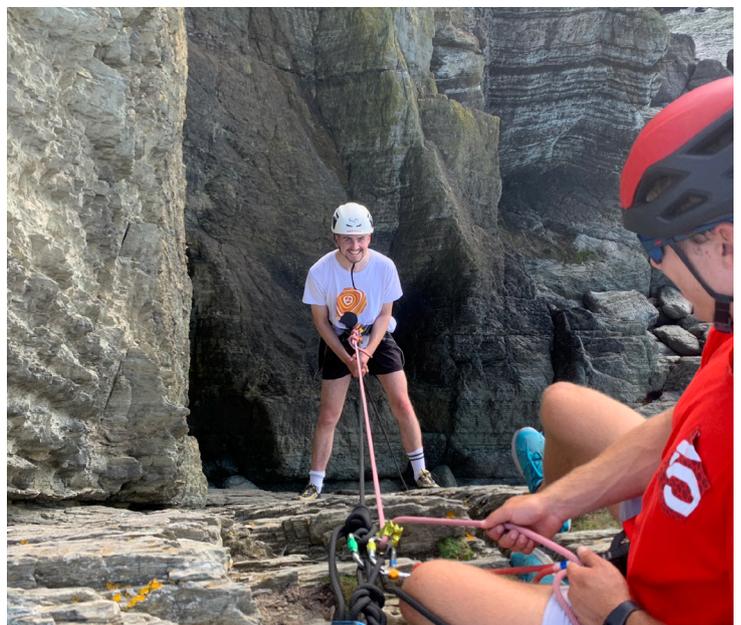
Just how active you choose to be during the week is up to you, but you will have ample opportunity to try a wide range of activities. Surfing, climbing, kayaking, coasteering, mountain biking, ringo and archery are all led by our instructors in amazing locations close to the Centre. At least one activity, with a choice of options, will be offered each day dependant on weather conditions and demand. If you would prefer to take it easier on some of your days with us there are plenty of beautiful coastal walks nearby and great sandy beaches to relax on.

## What is St. George's House

St. George's House is a Christian Charity, set up in 1978, to provide a place for schools and other groups to spend time in a Christian environment and experience outdoor activities. A warm welcome is extended to anyone regardless of faith.

## Accommodation and cost

We have a combination of dormitories and smaller rooms with a capacity of 50 for the weekend. The Monday to Friday will be limited to 35 people to achieve a more relaxed atmosphere. Evening meetings are held in our large meeting room. The cost of £275 is fully inclusive of accommodation and food and the opportunity to try an activity or two each day. To stay from Friday night to Sunday evening will cost £100.



For more information please contact us:

E mail: [info@sghdevon.org](mailto:info@sghdevon.org)

Tel: 01271 890755 Website: [www.sghdevon.org](http://www.sghdevon.org)

Please return the information below to:

Get Active, St. George's House, Georgeham,  
Braunton, Devon, EX33 1JN.

BACS details: Sort code 12-20-26, A/C No. 01828708,  
Georgeham Old Rectory Trust. Charity No. 279046

Name: ..... E-mail: .....

Address: ..... Tel no: .....

I would like to book ..... places on Get Active and enclose a deposit of £50 per person.

D.O.B ..... Gender ..... Name and Telephone No. of emergency contact: .....

I would like to stay all week (30/8 - 6/9)

I would like to stay for the weekend (30/8 - 1/9)