

Activity Information

So what can we offer you during your stay?

All activities are run by our own full time qualified instructors and we cater for all levels of experience. Activities are weather and tidal dependant, all are a half day experience unless stated.

All technical equipment and transport is provided for each activity.

SURFING



Why not try catching some waves at our local sandy surf beach only 1.5 miles away. Full wetsuits and surfboards are provided to have a whale of a time in the ocean!

KAYAKING / CANOEING



Kayaking or Canoeing takes place on a placid river, a local harbour or in a beautiful bay. More experienced groups may venture along the coast and experience rockhopping.

MOUNTAIN BIKING



Mountain biking in the local area can take place along the local coast path and dirt tracks or be a trip to the ice cream shop! More adventurous groups can venture onto Exmoor.

CLIMBING



Coastal rock climbing and abseiling in a superb setting. You can also explore the gullies and caves of Baggypoint with our 'Rock scrambling'.

COASTEERING



Coasteering is an ever more popular adventure activity – It's a mix of rock scrambling, sea swimming, jumping into checked out locations and just having fun on the coast!

ARCHERY



Archery is available on site and is often coupled together with Fencing. We have bows to suit a wide range of ages. Learn a new skill or perfect an old one.

FENCING



Fencing takes place at the centre and uses the Go Fence framework which is a great introduction to fencing. This activity can be doubled up with archery.

ROCKPOOLS & FIELD STUDIES



Come and enjoy exploring the vast range of habitats in the local area. From Rockpooling and Woodland activities with younger children through to A-Level Field work.

MISSION IMPOSSIBLE



Mission Impossible is our Team Initiative Day designed specifically for school teenage groups where small teams are set multiple challenges whilst navigating and cooking their own food. A real team builder and learning day.

ORIENTEERING



Armed with a compass and some clues, your task is to navigate around the stunning headland of Morte Point and discover the hidden letters that enable you to solve a cryptic code. A great DIY activity or led by SGH staff.

RINGO / POWERBOAT RIDES



Ringo or Inflatable rides are a fantastic way of having all the thrills without the skills! The excitement of skipping over the water behind a Powerboat is accessible to all. (available May-September).

TEAM BUILDING



Compete against each other and improve your team work whilst completing our range of team building activities that can be done on or off site. This can be adapted to meet the needs of your group.